Listening to Patients – Therapeutic Action  
2012 – 2013 Weekend Program  
Instructor: Sanford Shapiro, M.D.

**Goals and objectives:**

Most psychoanalytic candidates know intuitively how to interact with their patients in ways that promote growth and healing. What they don't know is why what they are doing is working.

In this course we will look at what takes place between two people, moment by moment, that we think of as the psychoanalytic process.

At the end of this course, participants will:

Be able to observe implicit and explicit modes of communication.
Be able to identify subtle shifts in affect states that indicate the emergence of nonconscious material.
Be able to describe the contributions of neuroscience to contemporary psychoanalytic thinking.

**Syllabus:**

**Session 1 - Patient's Plans**


**Session 2 - Aggression**

Lachmann, F. M. (2012). Attachment, Disorganized Attachment and Aggression, Unpublished manuscript. (This is an early version of a paper to be presented at ICP on November 3, 2012.)

**Session 3 – Analytic Intuition and Model Scenes**

Session 4 – The Present Moment

Session 5 – Listening to Patients


Session 6 – Neuroscience and Therapeutic Action

Discussion of Specific Content

The program content is based on the widely accepted concept of unconscious mental processes. This concept has now been expanded by contributions from the neuroscience study of brain functions.

This program content is widely represented in the psychoanalytic literature of the past 60 years. And this program content has broad clinical application to a wide variety of psychotherapeutic techniques.

The risks are if the theoretical concepts are overly generalized to clinical applications. In this course, theoretical concepts will be closely correlated with clinical material.

Therapists who work with patients who have experienced severe trauma in early development will find that this course content will enhance their clinical skills.