Institute of Contemporary Psychoanalysis

ICP BAY AREA
PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM

ICP Bay Area
2009–2010

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Sue Furness, m.s.

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Institute of Contemporary Psychoanalysis

ICP Bay AreaPsychoanalytic Psychotherapy Training Program is now accepting applications for training for the academic year 2009 – 2010. The deadline for completed applications is July 1, 2009.

Introduction

The Institute of Contemporary Psychoanalysis was founded in 1991 by a group of senior psychoanalysts who saw the need for a new approach to psychoanalytic training. There are currently over 250 members and candidates at ICP.

ICP is a center for inquiry, clinical training, and research. We offer the full scope of psychoanalytic training to individuals with those personal, intellectual, and ethical qualities that make a good psychoanalyst. We welcome applicants from a variety of disciplines who wish to obtain psychoanalytic training that incorporates the principles of academic freedom and participatory democracy.

ICP Bay Area Psychoanalytic Psychotherapy Training Program

An important goal of the Psychoanalytic Psychotherapy Training (PPT) Program is to provide licensed clinicians served by the Bay Area with an opportunity to study contemporary psychoanalytic approaches and their application to psychotherapy. Training ranges across many theories and practices, exploring the many innovations in contemporary psychoanalysis. Our aim is to bring these trends into focus facilitated by seminars and small consultation groups.

Founded in 1996, ICP Bay Area is a community of psychoanalysts and psychotherapists dedicated to critical thinking in a non-hierarchical environment. The mission is to immerse members in current psychoanalytic debate and expand the way we think about the therapeutic encounter.

Training

Training ranges across many theories and practices, exploring innovations in contemporary psychoanalytic approaches. Our aim is to bring these trends into focus facilitated by seminars and consultation groups.

PLURALISTIC APPROACH TO THEORY

- Self Psychology
- Object Relations Theory
- Infant and Toddler Research
- Systems Approaches to Interaction of Self and Other
- Working with Dreams
- Attachment Theory
- Intersubjectivity
- Control-Mastery
- Relational Theory

Past Seminar Content

- Contemporary issues of aggression
- Psychoanalysis in a time of war
- Affect and attunement
- Treating trauma and dissociation
- Boundary dilemmas
- Therapeutic impasses
- The termination process
- Chronic pain and illness
- Contemporary approaches to transference and countertransference
- The basic paradigm shift from classical to contemporary theories

First Year Program

The first year program offers an overview of contemporary psychoanalytic theories and their clinical application to psychotherapy. Additional years focus on clinical issues of special interest to each participating group. The program is offered in one-year cycles. Students may extend their participation for additional years, each with varying content. The program consists of two major components: monthly seminars and weekly consultation groups.

Monthly Seminars

Eight, four-hour monthly seminars are held on Sundays. Seminars feature assigned readings augmented by these presentations.

Small Group Consultations

Weekly conferences facilitated by ICP analysts from the Bay Area are held at convenient locations. Students consolidate and deepen their knowledge of the foundations and applications of contemporary psychoanalysis in this forum.

A unique feature of the ICP Bay Area program is the student-centered seminar. While there will be certain structured aspects to the design and content of the seminar and small groups, ICP values flexibility in responding to the various needs and interests of our students. Our goal is to achieve balance between the clinical and theoretical material, as well as between lecture and discussion. For more information about ICP Programs: www.icp.edu

ICP Faculty

All classes are taught by ICP Faculty. Among the faculty members are founding members of ICP, distinguished international speakers, published authors, researchers and pioneers in their field.

Application Procedure

Applications will be accepted until July 1st. Applicants are asked to submit a completed application form, a curriculum vitae, a copy of their license and malpractice insurance, and a $50 application fee.

Following a review of these materials, those applicants who are accepted for the next stage of admission will be interviewed by two faculty members of the Psychoanalytic Psychotherapy Training Program; at least one interview requires the presentation of case material.

FEES

Application fee: $50 (non-refundable)
Tuition: $1,000 per year, does not include cost of reading materials; billed separately. ($100 non-refundable after the first meeting)
$800 per year, does not include cost of reading materials, for half-year program – select either seminar only or for advanced students, consultation group only.

Extension Program Application fee: $50 (non-refundable)
$50 non-licensed, does not include consultation group

Continuing Education Units

The Institute of Contemporary Psychoanalysis is a California Board of Behavioral Science provider (#4313). LCSWs and MFTs’ ICP is approved by the American Psychological Association to offer continuing education credits for psychologists. Students will be awarded a Certificate of Completion in Psychoanalytic Psychotherapy upon completion of this program.

Notice of Non-Discriminatory Policy for Students

The ICP Bay Area Psychoanalytic Psychotherapy Training Program accepts only licensed clinicians. Psychoanalysts and psychotherapists dedicated to critical thinking in a non-hierarchical environment. The mission is to immerse members in current psychoanalytic debate and expand the way we think about the therapeutic encounter.

If you have questions about the ICP Bay Area Psychoanalytic Psychotherapy Training Program, please contact the Office for Education by (415) 990-1573 or by (831) 423-1677.

For further information, please contact: Jane Jordan, PSY.D., (415) 990-1573 or (831) 423-1677.